

ACHE **2023 CONGRESS** on Healthcare Leadership

Staff ROI: 10 essential design components your facilities should include to attract and retain staff

#### Disclosure of Relevant Financial Relationships

- The following faculty of this continuing education activity has no relevant financial relationships with commercial interests to disclose:
  - Angela Mazzi, FAIA, FACHA, EDAC, ACHE
  - Clyde "Ted" Moore III, AIA, ACHA, LEED AP BD+C
  - Steve Templet, AIA, ACHA, ASHE

#### Faculty

- Angela Mazzi, FAIA, FACHA, EDAC, ACHE Partner, GBBN Architects
- Steve Templet, AIA, ACHA, ASHE
- Associate, Sizeler, Thompson, Brown Architects
- Clyde "Ted" Moore III, AIA, ACHA, LEED AP BD+C
- Operations Manager, Healthcare Architecture, Haskell

### Learning Objectives

 Name five ways that the built environment impacts, performance, behavior, patient outcomes and staff satisfaction.

 Understand the design interventions that have been found to most impact staff burnout and the ways that Executive leadership can drive higher design objectives on projects.

### Agenda

- The staff crisis in healthcare
- Do staff spaces really matter?
- Interventions that maximize ROI

### Working Together

#### FACILITY DESIGN AND PLANNING TO PROMOTE HEALTH



#### IMPROVE HEALTH FOR PATIENTS AND COMMUNITIES AmericanCollege of HealthcareExecutives

for leaders who care <sup>®</sup>

#### CERTIFIED ARCHITECTS WHO SPECIALIZE IN HEALTHCARE

#### HEALTHCARE LEADERS COMMITTED TO IMPROVING HEALTH

Creating successful healthcare spaces together

#### The Staff Crisis in Healthcare



GRESS

### The "I'm Fine" Culture

- Relies on individual management vs.
  organizational resources
- Lack of time to use resources/perceived weakness for needing them
- Toll increases as work demands and emotional distress increase
- Leads to leaving the profession

Data

61%

PHYSICIANS HAVE FEELINGS OF BURNOUT NURSES SAY THEY MAY LEAVE THEIR POSITION IN THE NEXT YEAR

22%

NURSE TURNOVER EXCEEDED THE NATIONAL AVERAGE RATE LOWER WAGE WORKERS WILL PERMANENTLY LEAVE THEIR JOBS IN THE NEXT 5 YEARS

6.5 M

ONLY 1.9 M ARE SET TO TAKE THEIR PLACE

Source: Sg2 2021 Workforce Analysis

#### More Data

400

AVERAGE PHYSICIANS SUICIDE PER YEAR

New York Times 1/21/2021

NURSES SAY THEY FEEL GUILTY FOR TAKING A BREAK Healthcare Dive 11/8/22

>50%

GRESS



Source: Sg2 2021 Workforce Analysis

#### Do Spaces Really Matter?



#### **BUILD RESILIENCY**



SUPPORT WORKFLOW



	<b>-</b> 1	\ / ^ I		
FE.	EL.	VAL	LUE	
		0.0.0		

#### Lack of regenerative space



#### Typical Staff "Lounge"



#### **Overtasked spaces**



Break and Lockers and conference and...







2023 CONGRESS BOLDE

#### Interventions to maximize ROI



#### BEST PRACTICE VS. CODE MINIMUM



LOCALIZED RESPITE

MEANINGFUL AMENITIES

GRESS

### 1. Thoughtful Integration

- 1. Resources are where you need them
- 2. Strategic Storage



Hardin Memorial Hospital, Emergency Department



TriHealth Bethesda North Hospital Cath Lab Staff corridor





# 2. Separation of Functions **O**

1. Clear separation of clinical, workspace, and respite areas



TriHealth Western Ridge Outpatient Building

Cincinnati Children's Hospital Medical Center, CBDI Inpatient Unit

#### 3. Disaster Conditions

- 1. Overnight accommodations
- 2. Access to resources for personal use





GRESS

### 4. Eating and Drinking

0

GRESS

0

- 1. Space provided on unit for access to hydration
- 2. Space on or just outside of unit for eating



Norton Health Novak Center for Pediatric Care

Baptist MD Anderson Cancer Center

#### 5. Toilet

- 1. Access to staff toilets on unit
- 2. Adequate number to avoid having to leave unit or wait





### 6. Connection to Nature

- 1. Fresh air (balconies, roof garden)
- 2. Daylight and views

Norton Health Novak Center for Pediatric Care



TriHealth Thomas Center for Comprehensive Care

Christ Hospital Liberty Campus









#### ACHE 2023 CONGRESS on Healthcare Leadership -25 1 - --BOLD

## 7. Emotional Release/Flex

- 1. Privacy/Discretion
- 2. Ability to access when needed
- 3. Flex room shared among units for private meetings (emotional support team)



TriHealth Thomas Center for Comprehensive Care

TriHealth Western Ridge Outpatient Building

#### 8. Personal Resources



- 1. Commissary/Place in Materials Management to accept personal deliveries
- 2. On-call rooms
- 3. Exercise space

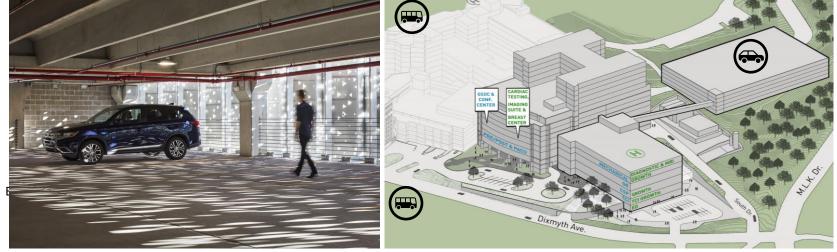




### 9. Transportation

- 1. Convenient parking
- 2. Transit hub in main area of campus or multiple locations





Baptist MD Anderson Cancer Center Parking Garage

TriHealth Good Samaritan Hospital Master Plan

GRESS 0 202 

### 10. Telemedicine Space



1. Quality acoustics/ergonomics to support telemedicine time blocks



TriHealth Bethesda North Hospital workroom

Norton Health Novak Center for Pediatric Care

**Bob Secours Mercy Health** 

Deerfield MOB

GRESS

0

### **Applications to Practice**

Utilizing architecture solutions grounded in research to impact operations issues

 Improving outcomes by reducing turnover and increasing staff engagement

### Faculty Biography/Contact Info

#### amazzi@gbbn.com

Angela Mazzi's research on socio-cultural contexts provides perspective on how culture reflects in architecture and user experience. This has led her to focus on experience as a factor in healing in behavioral health design. Angela is Past President of the American College of Healthcare Architects and President-elect of AIA Cincinnati. She is also the founder of Architecting, a community consisting of a podcast, online learning, and weekly clubhouse room "Architects as Healers: Buildings as Medicine." Her research linking wellness to design has been published in many healthcare journals and presented at national and international conferences. She is a peer reviewer for Health Environment Research and Design (HERD) Journal and Academy of Architecture for Health Journal and 2022 recipient of the HCD10 Top Healthcare Architect Award.

### Faculty Biography/Contact Info

#### ted.moore@haskell.com

Ted Moore's experience includes leading several fully integrated project delivery teams, as an AEC team leader, in the delivery of new and/or renovated medical centers in several states. His passion is in the creative planning and design of a comforting patient, family, and staff experience that is an ideal environment for the efficient delivery of healthcare. His extensive experience in the design of new hospitals, new clinics, hospital renovations, with a focus on NICU/PICU/Adult intensive care units, orthopedics, labor and delivery, surgical suite design, specialty clinics, cancer treatment centers, and emergent care areas. Ted is the current 2023 ACHA Presdent for the Board of Regents.

# Faculty Biography/Contact Info

stemplet@sizeler.com

Steve Templet is a native of South Louisiana and has a total of 32 years of professional experience, with a concentration in healthcare and senior living projects. He currently serves as an Associate in STBA's Healthcare Design Group leading teams on the firm's most complex healthcare projects. In 2002 he earned his Healthcare Board Certification and was selected to be inducted into the first class of the American College of Healthcare Architects. He currently serves as the 2022 ACHA Board President, after serving for several years as a Board Regent and as the chair of their Certification Review Committee. He has presented at numerous educational sessions at national design conferences, most often regarding resiliency of healthcare spaces and managing the unique complexity of healthcare projects. In 2019 he completed the requirements for Board Certification in Interior Design as part of the AAHID.

### Bibliography/References

Anaker, A. et al., "The Physical Environment and Multi-Professional Teamwork in Three Newly Built Stroke Units," *Disability and Rehabilitation*, vol. 44, no. 7 (2022): 1098-1106.

Joseph A. et al., "Understanding 'Work as Done': Using a Structured Video-Based Observational Method to Understand and Model the Role of the Physical Environment in Complex Clinical Work Systems," *HERD: Health Environments Research & Design Journal*, vol. 15, no. 3 (2022): 13-27.

H. Mensik, November 8, 2022, Half of Nurses consider leaving the profession, Healthcare Dive, <u>https://www.healthcaredive.com/news/covid-pandemic-nurse-burnout-leaving-profession-connectRN/636033/</u>

Nejati A, Shepley M, Rodiek S, Lee C, Varni J. Restorative Design Features for Hospital Staff Break Areas: A Multi-Method Study. HERD: Health Environments Research & Design Journal. 2016;9(2):16-35. doi:10.1177/1937586715592632

Office of the Surgeon General, 2022, The US Surgeon General's Framework for Workplace Mental health & Well Being, <u>https://www.hhs.gov/sites/default/files/workplace-mental-health-well-being.pdf</u>

Sg2, 2022 Developing a Comprehensive Approach to Workforce Retention <u>https://intel.sg2.com/en/resource-types/you-asked/2020/3/Physician-Burnout</u>

#### **Evaluate This Session**

Search en P	2.07 PW	🗑 8 00% 🔳 )
$\leftarrow $	DETAILS	
WorkShop 1		
Name of Contract o		
100.04-100.0	÷	
Roant & SUCT	-	
Location Hais	inerest.	
Sportstreed by	Sandt Karribik	
Barbut Season		
Evaluate Session		
About	Speakers	Refer
Point and point of	spinite na	-
register family	nenten and	

- Download the ACHE
  365 mobile app
- Select Congress
- Go to My Schedule
- Find your session and click arrow at right
- Click Evaluate
  Session icon

# BOLDEP BRIGHTER

#### 2023 CONGRESS

on Healthcare Leadership

